



# Cooking Guide for OV310 Mini-rack Ovens



NOTE: All information contained within this publication is intended to provide guidance and does not replace any local, state, or federal guidelines. Specific rules for food preparation, cooking, and serving should be followed per the standards set for the individual areas using this guide.

Thank you



## Table of contents

Overview / Quick reference .....	3-6	Frozen Broccoli Medley .....	19
Frozen Pancakes .....	7	Other Frozen Vegetables .....	20
Frozen Waffles .....	8	Frozen Precooked Chicken Nuggets .....	21
Rice Pilaf .....	9	Frozen Precooked Breaded Chicken Breast .....	22
Parboiled Brown Rice.....	10	Frozen Precooked Grilled Chicken Breast.....	23
Brown Rice.....	11	Frozen Precooked Chicken Fajita & Diced Chicken ....	24
Whole Baked Potato.....	12	Frozen Raw Chicken Legs .....	25
Other Frozen Potato Products.....	13	Frozen Turkey Corn Dogs .....	26
Frozen Oatmeal Cookies.....	14	Frozen Raw Beef Fajita .....	27
Frozen Macaroni and Cheese .....	15	Frozen Precooked Hamburger Patties .....	28
Frozen Lasagna .....	16	Frozen Veggie Patties .....	29
Canned Bake Beans .....	17	Frozen Precooked Beef Crumbles, Tacos.....	30
Frozen Peas .....	18	Frozen Precooked Beef Crumbles, Sloppy Joes .....	31